

Vegetarian Menus – Week 40

from Monday 28 september to Friday 02 october 2026



Monday	Tuesday	Wednesday	Thursday	Friday
Beetroot salad	GRTA green salad, Gruyère and small croutons	Green bean salad with shallot and balsamic vinegar	Coleslaw	Tomato and cucumber salad
Spaghetti Bolognese with lentils	Creamy mushroom risotto	Cheese raviolini with Neapolitan sauce and small vegetables	Omelette	Red lentil and squash dahl with coconut milk
Grated cheese	Apple and quince compote	Grated Gruyère	Sautéed potatoes with onions, carrot purée	Fragrant rice
Plum		Lemon cake (France)	Raspberry yoghurt	Chocolate mousse
GRTA country bread (Switzerland)	GRTA semi-white bread (Switzerland)	GRTA twisted bread (Switzerland)	Corn bread (Switzerland)	GRTA organic cob loaf (Switzerland)

Our meals may contain traces of allergens.

Our salad dressings :

- French
- Italian
- Balsamic
- Homemade

Vegetarian Menus – Week 41

from Monday 05 to Friday 09 october 2026



Monday	Tuesday	Wednesday	Thursday	Friday
Mexican salad Quorn strips in a creamy sauce Sweet potato purée Broccoli florets Lemon tart (France)	Creamy squash soup Goat cheese and broccoli quiche Green salad Apricot yoghurt	Celeriac rémoulade with apples Veggie nuggets with tartar sauce Country-style potatoes Green salad Banana	Green lentil and grated carrot salad Swiss chard lasagne gratin with cheese Green salad Mille-feuille (Switzerland)	Tomato and basil salad Omelette Sautéed potatoes Ratatouille Plum
GRTA semi-white bread (Switzerland)	Corn bread (Switzerland)	GRTA twisted bread (Switzerland)	GRTA organic cob loaf (Switzerland)	GRTA country bread (Switzerland)

Our meals may contain traces of allergens.

Our salad dressings :

- French
- Italian
- Balsamic
- Homemade

Vegetarian Menus – Week 42

from Monday 12 to Friday 16 october 2026



Monday	Tuesday	Wednesday	Thursday	Friday
Green bean salad	Julienne vegetables with sesame and soy oil	Cucumber tzatziki	Coleslaw	GRTA Batavia lettuce salad
Veggie tartiflette with Reblochon		Beetroot falafel with herb cheese sauce	Asian-style stir-fried noodles with small vegetables and stir- fried tofu	Plain quenelle with mushroom sauce
GRTA green salad	Indonesian-style nasi goreng (squash, peas, egg, tofu)	Dauphine potatoes		Rice
Raspberry yoghurt	Rice	Vichy carrots	Red berry tart (France)	Tender courgettes
	Cheesecake (France)	Orange salad		Apple compote
GRTA organic cob loaf (Switzerland)	Corn bread (Switzerland)	GRTA twisted bread (Switzerland)	GRTA country bread (Switzerland)	GRTA semi-white bread (Switzerland)

Our meals may contain traces of allergens.

Our salad dressings :

- French
- Italian
- Balsamic
- Homemade

Vegetarian Menus – Week 44

from Monday 26 to Friday 30 october 2026



Monday	Tuesday	Wednesday	Thursday	Friday
Grated carrot and orange salad Provençal-style white bean stew Creamy polenta Braised leeks Apple and blackcurrant tart (France)	GRTA green salad Manchurian vegetable balls, curry sauce Rice with small vegetables Vanilla fromage blanc	Endive and apple salad Mac and cheese (macaroni and cheese gratin) GRTA green salad Apple and quince compote	Cucumber salad Potato tortilla with peppers and cheese GRTA green salad Raspberry yoghurt	Celeriac rémoulade with mustard seeds Spaghetti with pesto, grated Parmesan Grilled vegetables Chocolate éclair (Switzerland)
GRTA country bread (Switzerland)	GRTA semi-white bread (Switzerland)	GRTA twisted bread (Switzerland)	GRTA organic cob loaf (Switzerland)	Corn bread (Switzerland)

Our meals may contain traces of allergens.

Our salad dressings :

- French
- Italian
- Balsamic
- Homemade