

Menu week no. 40

Monday 28 September to Friday 02 October 2026

kidelis

Meals intended for children with food allergies or intolerances

Monday 28/09	Tuesday 29/09	Wednesday 30/09	Thursday 01/10	✓ Friday 02/10
Beetroot salad Beef stew (Switzerland) Paprika sauce GRTA mashed potatoes with olive oil GRTA sliced carrots Apple	GRTA green salad Chicken sauté (Switzerland) Curry sauce (mustard) Pasta spirals Sautéed courgettes Organic coconut yogurt	GRTA pumpkin velouté Minced beef steak (Switzerland) Brown gravy Pilaf quinoa Brussels sprouts Apple compote	GRTA green salad Hake fillet (MSC North Pacific) (fish) Lemon sauce Steamed potatoes Parsley green beans White grapes	Sweet potato and curry velouté (mustard) Red lentil dhal with coconut milk and butternut squash (mustard) Fragrant rice Coconut milk muffin (Switzerland)

Our meals may contain traces of allergens.

Meals intended for children with food allergies or intolerances

Monday 05/10	Tuesday 06/10	Wednesday 07/10	✓ Thursday 08/10	Friday 09/10
GRTA grated carrots Chicken sauté (Switzerland) Old-fashioned sauce Pasta spirals Green beans Apple cake (Switzerland)	GRTA green salad Cod cubes (MSC North Atlantic) (fish) Lemon sauce Pilaf rice with peas Pear	Cauliflower velouté Turkey escalope (France) Meat jus Sautéed baby potatoes Spinach gratin (soy) Fruit salad	GRTA green lentil velouté (soy) Spaghetti Creamy GRTA pumpkin sauce (soy) Apple	Tomato salad with basil Pork sausage (Switzerland) Mustard sauce (mustard) Oven-roasted baby potatoes Red cabbage compote Organic coconut yogurt

Our meals may contain traces of allergens.

Menu week no. 42

Monday 12 to Friday 16 October 2026

kidelis

Meals intended for children with food allergies or intolerances



Monday 12/10

Tuesday 13/10

Wednesday 14/10

Thursday 15/10

Friday 16/10

Soy vegetable julienne
(soy)
Nasi goreng
Fragrant rice
Caramel muffin
(Switzerland)

GRTA green salad
Cod fillet
(MSC North Atlantic)
(fish)
Dill sauce
Steamed potatoes
Broccoli
Apple

Red lentil velouté with
turmeric
Chicken fillet
(Switzerland)
Mushroom sauce
Pilaf quinoa
Braised leeks
Organic coconut yogurt

GRTA Batavia green salad
Veal meatballs
(Switzerland)
Onion jus
Polenta
Sautéed courgettes
Banana

Vegetable soup
Spaghetti
Bolognese sauce (Switzerland)
with small vegetables
Organic coconut yogurt

Our meals may contain traces of allergens.

Menu week no. 44

Monday 26 to Friday 30 October 2026

kidelis

Meals intended for children with food allergies or intolerances

Monday 26/10	✓ Tuesday 27/10	Wednesday 28/10	Thursday 29/10	Friday 30/10
Grated carrots Hake fillet (MSC North Pacific) (fish) Lemon sauce Pilaf quinoa Parsley cauliflower Pear	GRTA green salad Falafel Basmati rice Spinach gratin (soy) Apple compote	GRTA Parmentier soup Roasted pork sausage (Switzerland) Thyme jus GRTA mashed potatoes with olive oil Braised fennel Organic coconut yogurt	Cucumber salad Chicken escalope (Switzerland) Tomato sauce Pasta spirals GRTA Vichy carrots Soyasun yogurt (soy)	GRTA pumpkin soup Minced beef steak (Switzerland) Meat jus Sautéed GRTA potatoes GRTA green salad Pumpkin muffin (Switzerland)

Our meals may contain traces of allergens.